



ENTER  
GAUJA

# ADVENTURES OF THE DORMOUSE AT THE GAUJA NATIONAL PARK

TRAVEL GUIDE FOR  
FAMILIES AND CHILDREN







**“Dormouse, Do-o-dormouse!”**, a pesky buzz rings straight into the ear. Dormouse scratches his tail. The tail was wide awake too. The tail, fluffed up like an owl, tickled the Dormouse’s nose. “Oh, the cruel world! Why do I have to get up so early?”, Dormouse grumbles squinting his sleepy eyes at the fading rays of the drowning sun. “Whose squeaky little voice is that?” It is the Dragonfly sitting on the edge of the tree hollow and fluttering its wings.

“Good morning!”

“Good evening!”, Dragonfly giggles and disappears into the wind.

Dormouse sets to his morning (evening) routine. Dormouse, a cute, chubby little animal, is often mistaken for rat. To set himself apart from the rodent, he has nurtured the distinct talent all dormice have. Dormouse was good at jumping. Oh, and what a jumper he was! Swoosh – from a hazel tree onto the spruce, oh my, almost missing the home sweet home in the hollow. Last year, while visiting the family, younger cousins had pulled Dormouse into a competition. Nothing special, family members only. Nonetheless, Dormouse jumped a whopping 10 yards! The prize was a whole bag of hazel nuts. Yummy! Overwhelmed by the savoury memory, Dormouse licks his constantly-growing front teeth and thinks of a snack – a slightly bitter willow tree stick, or something of a kind. “Must move!”, he concludes. As usual, before anything else, he begins by counting the fingers and toes on his front and back paws. “Ten and eight. Enough for setting out into the night. But where should I go? It’s always nicer to travel with a soulmate, but what can you do. Aunt Beaver loves to say ‘you’ve got your whole life to live’.





I should go to my old chap, the Beaver of the Devil's Cave, see how grandma's nephew is doing with building work. He is always busy with one of his endless projects. And, maybe, I can get some of those tasty willow sticks as well".

And Dormouse purposefully hops away along the roe trail. It is a two-hour hopping distance from his hollow to Hinzenberg or Inčukalna, as we know it today. Look, there's the familiar bend of the Gauja Valley where roe trail meets the trail of bipeds. Dormouse tumbles and falls into the white sand of Devil's Cave, gets up and sniffs the air. Smells like river. Dormouse knows there is a spring not far from the cave, which people love to explore. But they don't live there; they just examine the cave drawings some of which are even two hundred summers old.

There is also a huge pile of sticks.





“Well, hello there. Come on in”, says the nice yet slightly raspy voice.

“What was that? You want those willow sticks, eh? Go on, help yourself, your teeth must be nagging you, we know how it feels.”



### Leisure Park “Rāmkalni”

A nice place for families: rodeling track, bicycle and boat rental, other thrilling adventures. Tasty meals and local produce sold right on the spot.

“Vītiņkalni”, ph. +371 29100280,  
[www.ramkalni.lv](http://www.ramkalni.lv)  
GPS 57.1248, 24.6585

### Krimulda Swimming Pool

Learn to swim or train in a 25-meter pool, catch water bubbles in the small pool with the kids, and enjoy the water cascade. Relax in sauna, steambath and enjoy our gym!

Skolas Street 11, Ragana  
ph. + 371 26161322,  
GPS: 57.1828, 24.6968

### Golf club “Reinis”

Learn how to play golf or go on an exciting journey through Gauja National Park forests on foot or by bike. Rest in Reiņa Café, spend the night in the cosy holiday cabin and enjoy the summer together with your family!

“Kalnzaki”, ph. +371 29272255,  
[www.reinatrase.lv](http://www.reinatrase.lv)  
GPS: 57.1802, 24.8179

### Lēdurga Dendrological Park

Go on an exploring adventure through Lēdurga Dendrological Park, where you can enjoy the magic of the fairy-tale forest, take a look at the Bug hotel, legendary Mudurga Great stone, forest teepees, wooden sculptures and the horoscope circle. Make your own jewelry, runes and bows. Feel the nature!

“Dendroparks”, Lēdurga,  
ph. +371 25549747  
[www.ledurgasdendroparks.lv](http://www.ledurgasdendroparks.lv)  
GPS 57.3142, 24.7596

### Kubesele Nature & History trail

Enjoy the power of Latvia's wilderness – the wild flow of Runtiņupīte River, the Big Stone, mysterious caves, hills and vales. Enjoy the winding Gauja River and have a picnic there.

GPS 57.1636, 24.7684

### Inčukalns Devil's Cave

Historic site, a place where ancient rituals were conducted. Around 5,000 year-old postglacial formation. The sounds of the underground waters resounding from the depths of the cave.

GPS 57.1266, 24.6438



Beaver shows his newest achievement, the straw raft. Little beavers have already had some fun time joyriding it down the stream, the whole way to Gauja River. Dormouse's eyes light up. "Can I take it for a ride?"

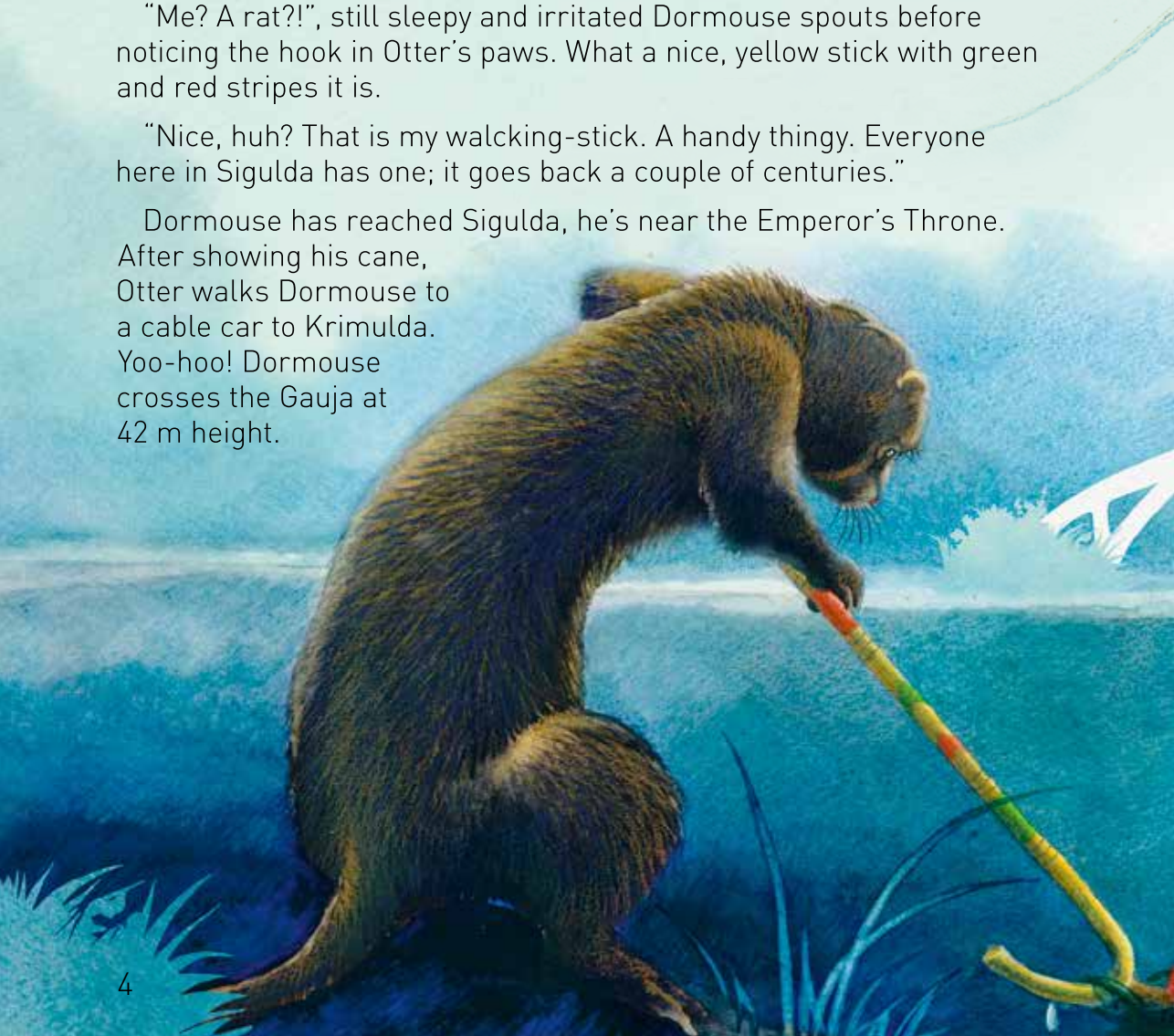
Dormouse happily manoeuvres the raft when a sudden whirl spins it out of control. He realises that he's caught up in the wicked waters of the Gauja. If it weren't for his back paws, he would've never been able to steer clear of the vicious whirlpool. Breathless the Dormouse falls asleep with first rays of sun gleaming over the river.

"Are you the water rat?", a little animal with tiny round ears and glittering fur asks while trying to hook the Dormouse's raft and pull it ashore.

"Me? A rat?!", still sleepy and irritated Dormouse spouts before noticing the hook in Otter's paws. What a nice, yellow stick with green and red stripes it is.

"Nice, huh? That is my walking-stick. A handy thingy. Everyone here in Sigulda has one; it goes back a couple of centuries."

Dormouse has reached Sigulda, he's near the Emperor's Throne. After showing his cane, Otter walks Dormouse to a cable car to Krimulda. Yoo-hoo! Dormouse crosses the Gauja at 42 m height.





**COLOUR  
AND ADD  
DETAILS  
TO THE PICTURE  
OF THE BRIDGE!**



### **Water park**

Visit Sigulda Sports centre and learn how to swim, have fun in water play areas, enjoy three different saunas, SPA bath and water stream pool, train in a 25 metre swimming pool and play in a children play area.

**Ata Kronvalda iela 7A, Sigulda,**  
**ph. +371 25448860,**  
**[www.siguldassports.lv](http://www.siguldassports.lv)**  
**GPS 57.159336, 24.859516**

### **Fisher Cross-Country Ski Centre**

During the summer you can try roller skating and roller skiing, but in winter be one of the first to enjoy cross-country skiing in Latvia in the only artificially frozen track in Eastern Europe.

**Puķu iela 4, Sigulda,**  
**ph. +371 67970262,**  
**[www.siguldassports.lv](http://www.siguldassports.lv)**  
**GPS 57.140182, 24.816723**

### **Makars Tourist Office**

Gauja River boat ride/cruise. See the sandstone bedrock cliffs of the Gauja National Park.

**Peldu iela 2, Sigulda,**  
**ph. +371 29244948, [www.makars.lv](http://www.makars.lv),**  
**GPS 57.1577, 24.8371**

### **Sigulda Footballgolf park**

Spend a day in fresh air and turn an outdoor walk into an exciting adventure! The aim is to get over various obstacles and kick the ball into the hole.

**ph. +371 26022919,**  
**[www.siguldasfutbolgolfaparks.lv](http://www.siguldasfutbolgolfaparks.lv)**  
**GPS 57.1927, 24.8720**

### **Adventure Park "Mežakaķis"**

A walk through the trees on an obstacle course made of ropes, cargo net, bridges, swings, ladders and a wind rider zip-line. Bungee trampoline. A great place for birthday parties. Ski school and slopes in winter.

**Senču iela 1, Sigulda,**  
**ph. +371 67976886,**  
**[www.kakiskalns.lv](http://www.kakiskalns.lv)**  
**GPS 57.1431, 24.8291**

### **Adventure park "Tarzāns"**

Have fun in an obstacle park, enjoy a ride in a toboggan track, which will lead you down one of the steepest slopes in Latvia, jump on trampolines in a trampoline park, be courageous and try the jungle jump and see the beautiful view of Gauja Valley in a chair lift.

**Peldu iela 1, Sigulda,**  
**ph. +371 27001187,**  
**[www.tarzans.lv](http://www.tarzans.lv)**  
**GPS 57.159627, 24.838678**

### **Sigulda Castle Quarter**

Learn new skills in craftsmen workshops – papermaking, weaving, ceramic art, walking-stick making, leather processing, jewellery making and other. You can also enjoy some delicious treats in a cafe "Siguldas saldējums". Only for group visits reserved in advance.

**Pils iela 16, Sigulda,**  
**ph. +371 67971335,**  
**[www.tourism.sigulda.lv](http://www.tourism.sigulda.lv)**  
**GPS 57.1656, 24.8506**

### **Miniature Wonderland**

Do big things in a world where everything is 87 times smaller than in the real world. Model your own little world with trees and roads. See how modern technology works and whether cars and people go by traffic rules. Operate plants, fountains, traffic lights, shops, schools and even trains!

**Puķu iela 2, Sigulda,**  
**ph. +371 28308377,**  
**[www.mazabrinumzeme.lv](http://www.mazabrinumzeme.lv)**  
**GPS 57.140536 24.818317**

### **Tour Sigulda in an electric car**

Tour Sigulda in an environmentally friendly vehicle and discover the city via an in-built interactive guide of an electric car.

**ph. +371 26022919,**  
**[www.impresso.lv](http://www.impresso.lv)**



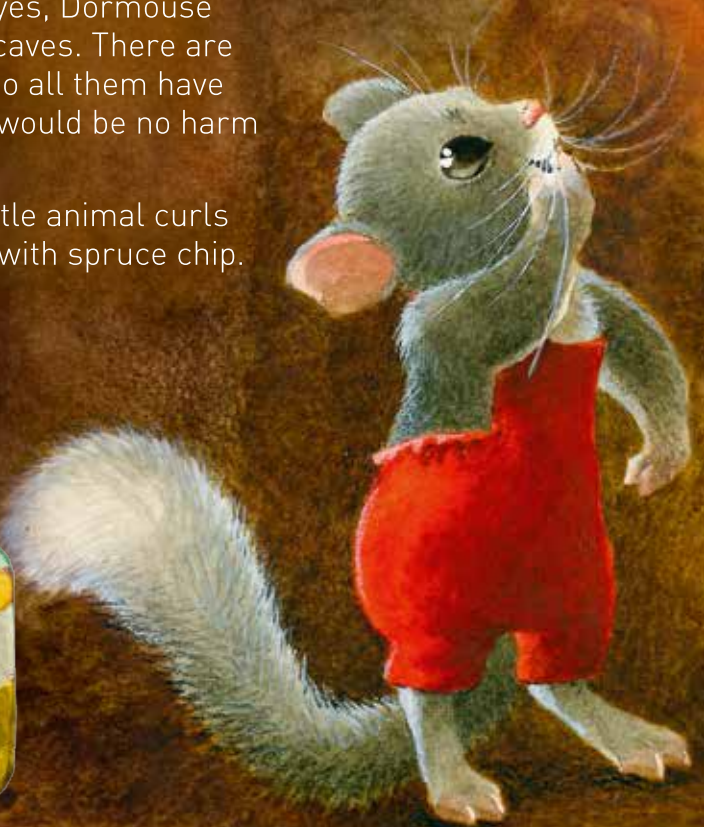
Dormouse stumbles upon a handful of acorn left behind by Jay at the Krimulda white castle. After having the hefty meal, Dormouse's paws began itching again, he is anxious for new adventures. Nothing can stop him from exploring the world now. Horner Hill, Little Cave, Gūtman's Cave. And then over to nameplates of all the bedrock: Elpji rock, Tītmaņi rock. Stop! Lunch rock! A primordial fish is believed to be found in the reddish sand here, but Dormouse's belly is rumbling and mom always says that things that old are not edible.

Dormouse follows the nose. The nose smells something and Dormouse picks up the pace, the smell becomes stronger and he bumps into a sandstone wall. "Yuck! Sand, again! No, the smell is as sweet as July." Jam jars, lined up on a shelf like soldiers, guard the cave walls. Oh, yes, Dormouse knows the tale of Līgatne caves. There are more than 300 of them. "Do all them have jam jars inside? So, there would be no harm in taking a closer look."

When the belly is full, little animal curls inside a fancy box padded with spruce chip.



**HELP  
DORMOUSE  
TO GET  
TO THE  
JAM JARS!**







### Caves and trails of Līgatne

Crawl through the caves/cellars local inhabitants use to store their titbit. Learn how workers of the Līgatne Paper Mill lived two centuries ago.

**Sprīngu iela 2, Līgatne,**  
ph. +371 64153169, 29189707,  
[www.visitligatne.lv](http://www.visitligatne.lv)  
GPS 57.2334, 25.0397



### Līgatne Nature Trails

If you are quiet and can keep still, you will see the bruins frolicking, lynx and moose, cunning foxes play, look in the eye of the wise owl, and greet the friendly squirrel. You may also climb the viewing platform to take in the surroundings.

**Līgatnes dabas takas, Līgatnes pag.,**  
ph. +371 64153313, 28328800,  
[www.ligatnesdabastakas.lv](http://www.ligatnesdabastakas.lv)  
GPS 57.2486, 25.0150



### Vienkoči Park

Find out what a log boat is. Enjoy the playground of the Vienkoči Park, meet the dwarfs, baby eagle owls, long-eared hare and other animals in the park. Visit the sand house and find out what the natural jewellery is.

**"Vienkoči", Līgatnes pag.,**  
ph. +371 29329065, [www.vienkoci.lv](http://www.vienkoci.lv)  
GPS 57.1915, 25.0547



### Līgatne Craftsmen House

Here you can make your own sheet of paper and a keychain pendant, learn how to felt, spin the wool and weave. Book your visit in advance!

**Pilsoņu iela 4, Līgatne,**  
ph. +371 26140994  
[www.visitligatne.lv/amatu-maja](http://www.visitligatne.lv/amatu-maja)  
GPS 57.2344, 25.0453



### Net park (Tīklu parks)

Swing between the treetops and enjoy various activities for adults and kids. A unique net maze is created to be safe and exciting. Open every day, please book your visit in advance.

**Gaujas iela 4, Līgatne,**  
ph. +371 25779944,  
[www.tikluparki.lv](http://www.tikluparki.lv),  
[info@tikluparki.lv](mailto:info@tikluparki.lv),  
[facebook.com/tikluparksLigatne/](https://facebook.com/tikluparksLigatne/)  
GPS 57.2359, 25.0380







### Dod Ķepu

Go on an exciting husky sled ride around Gauja National Park's hills and forests.

Papardes 2, Drabeši, Amatas nov.

Ph.: +371 25951531

[www.dodkepu.lv](http://www.dodkepu.lv)

GPS 57.2419, 25.2833



### Vienkoči Park

Put on your snow shoes and go on a walk through the snowy trails. When covered in snow, the sculptures in the park look like they are from a winter tale.

"Vienkoči", Līgatnes pag.

Ph.: +371 29329065

[www.vienkoci.lv](http://www.vienkoci.lv)

GPS 57.1915, 25.0547



### Cecīli nature trails

Choose appropriate clothing and shoes and visit these nature trails in the winter, especially on Saturdays, when they are illuminated during the dark autumn and winter evenings.

Kumadas iela 2, Ieriķi,

Drabešu pag., Amatas nov.

Ph.: +371 29477700, +371 26457649,

[www.cecilutaka.lv](http://www.cecilutaka.lv)

GPS 57.2091, 25.1705



## Dormouse's dream in a winter night

"Oh, the sleep God of all small animals, please let me dream for a little bit more,"

The dormouse moved slightly and continued dreaming about the wonderful winter joys."





The entire Gauja National Park is covered with a fluffy snow reminding of Beaver godmother's knitted warm scarf. Look, I have already seen this lake!" Hiding in husky sled that slid over the frozen Āraiši Lake, dormouse remembered summer adventures in the ancient wooden castle.

Indeed, must give the paw to the lively dogs, who promised to take this small animal to Cecīli nature trail, illuminated by small lights on Saturdays, so that the two-legged creatures with a weak night vision would be able to see something from Dzilnas Rock and Ainavu (Landscape) Scarp.



## Valmiera Water Park

Learn to swim in different pools, enjoy children's water park and warm up in saunas.

Rīgas iela 91, Valmiera

ph. +371 27040012

[www.valmieraspelddbazeins.lv](http://www.valmieraspelddbazeins.lv)

GPS 57.5282, 25.3880



## Sleigh ride in Bīriņu Castle

Enjoy the snow falling from tree branches while sitting in a horse sleigh going through Bīriņu Castle park. And, if it is very cold, you can ride a carousel on a frozen lake.

Bīriņi, Limbažu nov.

Ph.: +371 29244927

[www.birinupils.lv](http://www.birinupils.lv)

GPS 57.2438, 24.6595



## Sleigh ride in Valmiermuiža

Go on a sleigh ride in the vicinity of Valmiermuiža and do not forget to try the drinks made in Valmiermuiža. Valmiermuiža Stables.

Dzirnavu iela 15, Valmiermuiža

Ph.: +371 26562703

[www.valmiermuiža.lv](http://www.valmiermuiža.lv)

GPS 57.5586, 25.4160



## Net Park

Swing in the net labyrinths in winter and shake the snow off the trees.

Gaujas iela 4, Līgatne

Ph.: +371 25779944

[www.tikluparks.lv](http://www.tikluparks.lv)

57.2359, 25.0380



## Sigulda City Ice-skating Rink

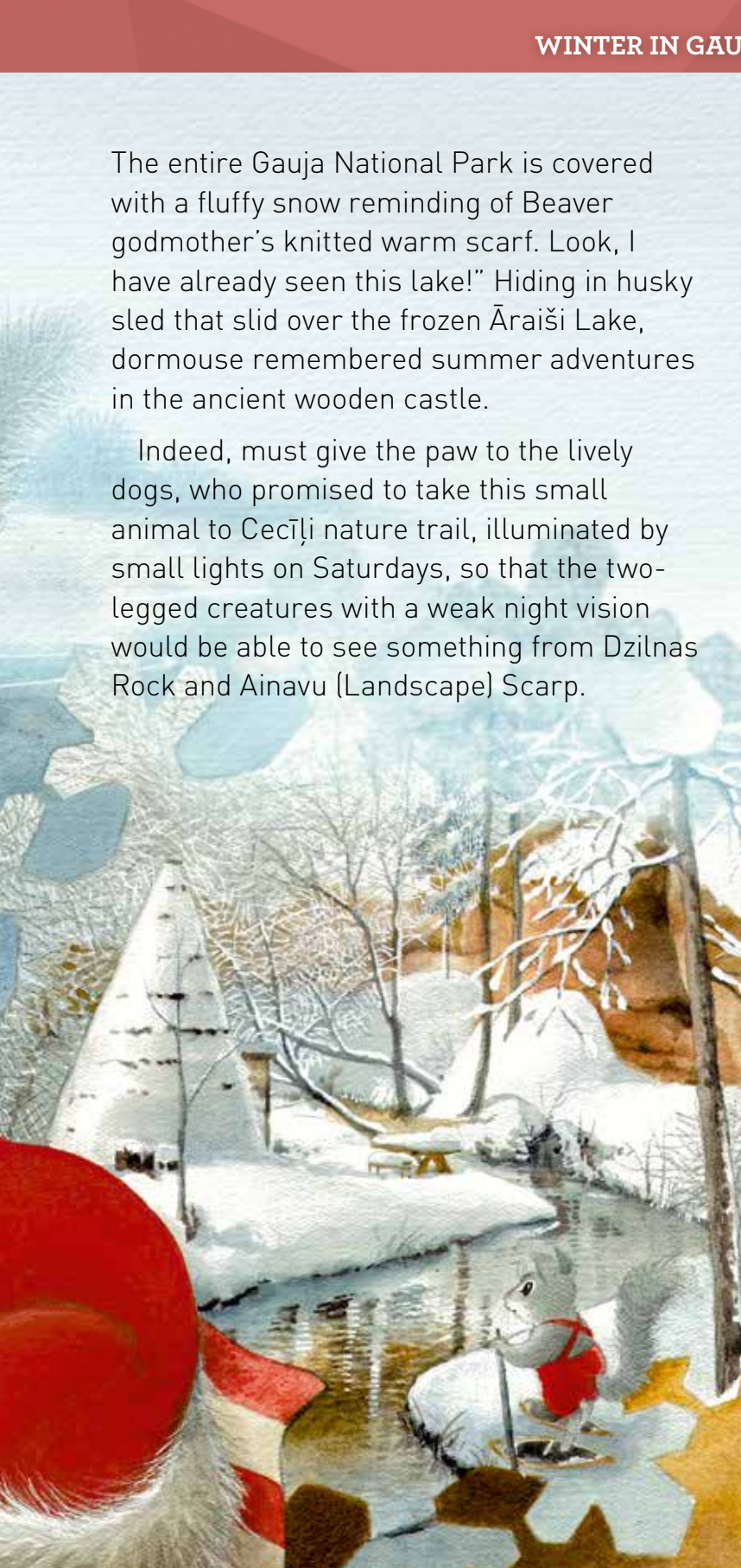
Together with other small skaters visit the town's ice-skating rink filled with lights and sounds of music.

Ata Kronvalda iela 7A, Sigulda

Ph.: +371 25448860

[www.siguldassports.lv](http://www.siguldassports.lv)

GPS 57.1594, 24.8595





But, if the winter would want to sleep, it would have to choose a cabin similar to the snowy Vienkoči Park honeycomb surrounded by footprints of strange animals that are very big and do not sleep during winter. Dormouse runs over the footprints – Snow shoes! Those would be useful for small animals if they wake up in a deep snow. But skis, of course, are faster. And also sledge, skates and horse sleigh! That is a real winter paradise! You only need strength and endurance, and the little animal knows that in Rāmkalni you can nibble on some real strength treats in winter. And then, while sleeping, Dormouse quickly licked its lips in happiness.







## Ski Centre "Reiņa trase"

Try skiing for the first time in "Herkules" children's park. The soft figures throughout the track make it interesting and are not dangerous if you collide with them.

"Kalnzaķi", Krimuldas nov.

Ph.: +371 29272255

[www.reinatrase.lv](http://www.reinatrase.lv)

GPS 57.1797, 24.8147



## Leisure Park "Rāmkalni"

Choose the gentle slope suitable for children and beginners and try the delicious Rāmkalni treats.

"Vītiņkalni", Inčukalna nov.

Ph.: +371 29100280

[www.ramkalni.lv](http://www.ramkalni.lv)

GPS 57.1248, 24.6585



## Ski Park "Ozolkalns"

Learn how to ski with friendly instructors from children's ski school. Draw or play games in cafe's play room.

"Saulkrasti", Drabešu pag.

Ph.: +371 26400200

[www.ozolkalns.lv](http://www.ozolkalns.lv)

GPS 57.2943, 25.2220



## Active Leisure Centre "Žagarkalns"

Enjoy winter by going down a snow groove with a snow tube and learn how to ski with your family.

"Žagarkalns",

Drabešu pag. and Cēsis

Ph.: +371 26266266

[www.zagarkalns.lv](http://www.zagarkalns.lv)

GPS 57.2981, 25.2092



## Sigulda City Ski Track. Fisher Cross-Country Ski Centre

Enjoy winter in winter sports capital Sigulda – learn how to ski in Sigulda city ski track school or go cross-country skiing in Fisher cross-country ski track.

Puķu iela 4, Sigulda

Ph.: +371 29118847, +371 25733008

[www.siguldassports.lv](http://www.siguldassports.lv)

GPS 57.1396, 24.8156



## Resort "Kaķītis"

Go down the hill in a sledge and learn how to ski in children's ski school.

Senču iela 1, Sigulda

Phone: +371 67976886

E-mail: [www.kakiskalns.lv](mailto:www.kakiskalns.lv)

GPS 57.1431, 24.8291



## Ski and Biathlon Centre "Cēsis"

Feel the winter's magic with cross-country skiing by sliding through the picturesque forest tracks of various lengths and difficulties. We offer equipment rental for adults and children who love winter sports.

"Lejas luksti", Vaives pag.,

Cēsu nov.

Ph.: +371 26433500

[www.occesis.lv](http://www.occesis.lv)

GPS 57.3039, 25.3782





### Recreation complex "Rakši"

Feed the camels and enjoy a ride with them, take a llama for a walk and jump on a pillow trampoline.  
Drabešu pag., ph. +371 20009097,  
www.kamieli.lv  
GPS 57.2756, 25.1979



### Zvārte Rock

Climb the stairs to the top of the rock and take in the surroundings.  
Drabešu pag., ph. +371 25669935,  
www.amata.lv  
GPS 57.2459, 25.1447



### Ski and Recreation Park "Ozolkalns"

Go zip lining from tree to tree. Rent a boat and take a ride, spend a night in one of the camping houses. Enjoy fast downhill skiing in winter.  
"Saulkrasti", Drabešu pag.,  
ph. +371 26400200, www.ozolkalns.lv  
GPS 57.2943, 25.2220



### Active Leisure Centre "Žagarkalns"

Rent a boat in summer to cruise the Gauja River and be amazed at what you discover around each bend. Wicked snowboarding slopes in winter.  
"Žagarkalns", Drabešu pag. and Cēsis, ph. +371 26266266,  
www.zagarkalns.lv  
GPS 57.2981, 25.2268



### Ieriķi Mill Trails

Find water spirits under the bridges over Melderupīte. Visit the site of the old mill and the wheel, waterfall and flower arrangements. Enjoy the rays of light flickering in the night.  
Ieriķi, Vidzeme highway 72 km,  
ph. +371 28396804,  
www.ierikudzirnavas.lv  
GPS 57.2082, 25.1678



### Dodkepu.lv Husky Dogs

Spend your holidays with our dynamic huskies!  
Papardes 2, Drabeši, Amatas nov.,  
ph. +371 25951531  
www.dodkepu.lv, GPS: 57.2419,  
25.2833



### Ceciļi nature trails

Explore the diversity of nature, visit Ceciļi rock/cave, Kumada River and Dančupīte River canyon.  
Kumadas iela 2, Ieriķi,  
Drabešu pag., Amatas nov.,  
ph. +371 29477700, 26457649,  
www.cecilutaka.lv  
GPS 57.2091, 25.1705



### Āraiši Windmill

Explore the ancient mechanics of the windmill spanning on four floors. Try your hand at millstone and grind yourself some wheat, find out how bread is made from corn.  
Āraiši, Drabešu pag.,  
ph. +371 29238208, www.amata.lv  
GPS 57.2481, 25.2685



### Āraiši Archaeological Museum Park

Take a peek at the everyday life of Latgalians who lived in 9th and 10th century. Get a feel of living on an island.  
Āraiši, Drabešu pag.,  
ph. +371 25669935,  
www.araishi.com, www.amata.lv  
GPS 57.2498, 25.2786



### Farm "Lejas Suces"

Talk to different domestic animals and birds. Call in advance to make sure animals are available for chat!  
"Lejas Suces", Nītaures pag.,  
ph. +371 29174211,  
www.zalaisgrozs.lv  
GPS 57.0552, 25.1799

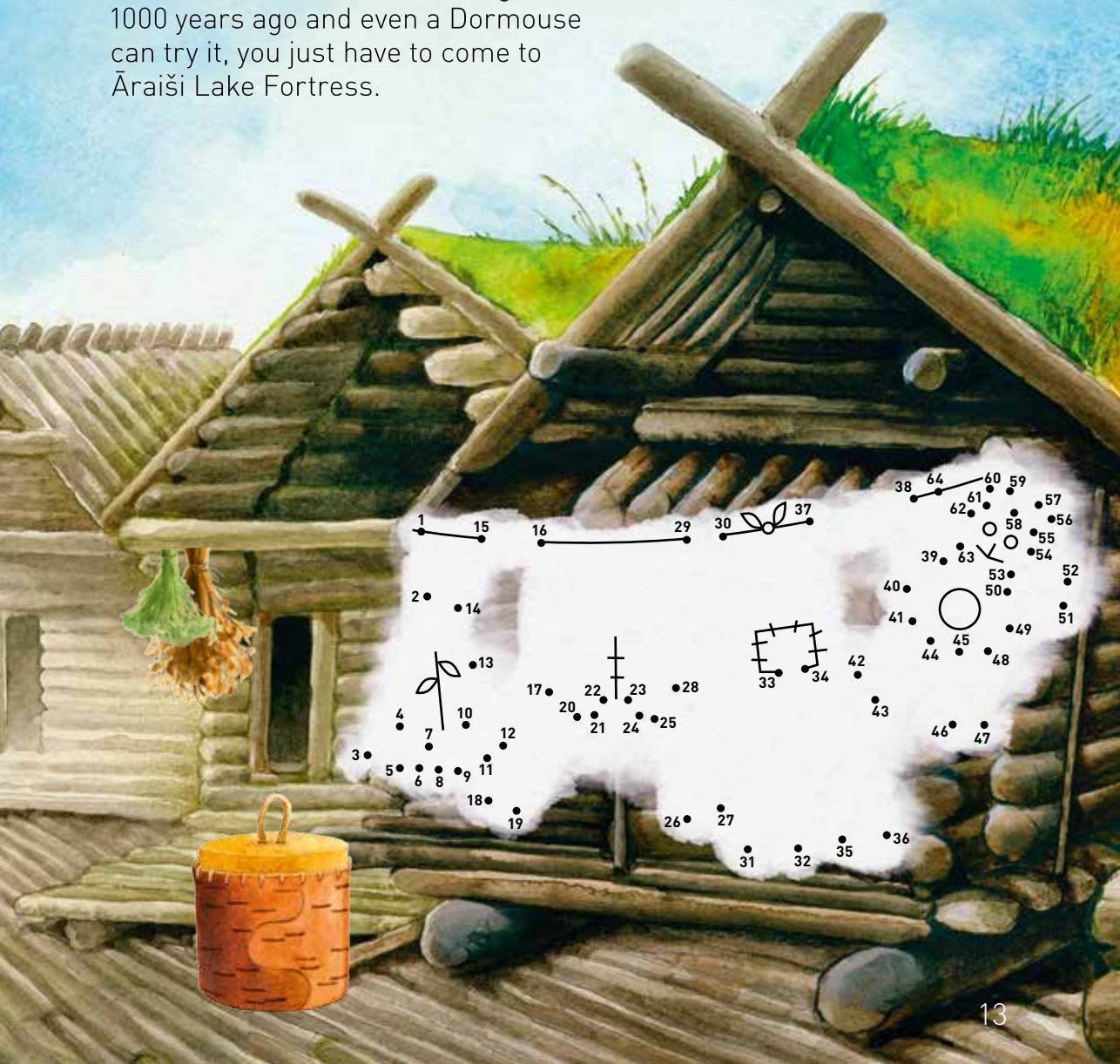


JOIN  
NUMBERS  
AND  
COLOUR  
THE  
PICTURE!





Swaying wakes up Dormouse. “Did you bring the weaving bobbins? Good, put them here, in the cabin. Those belt lovers are all over me”, a voice says. Then, the swaying stops and the sound of two pair of feet gradually fades away. Wind rustles the reed, water splashes in the distance. Dormouse can feel the smooth surface of the wooden beams. Āraiši Lake Fortress. “Right, that’s what the wooden box I slept in said. My, my, what a magical place.” Dormouse slides his paws along the wall and comes across wooden knives, birch bark bushels and aromatic tea bundles lined next to each other, and colourful threads tied to horn pins and beautiful woven sash belts with bobbins! As it turns out, this is how things were woven almost 1000 years ago and even a Dormouse can try it, you just have to come to Āraiši Lake Fortress.



### **i** Inčukalns TIC

Atmodas iela 4, Inčukalns,  
ph. +371 67977310,  
www.incukalns.lv  
GPS 57.0979, 24.6871

### **i** Sigulda TIC

Ausekļa iela 6, Sigulda,  
ph. +371 67971335,  
www.tourism.sigulda.lv  
GPS 57.1531, 24.8537

### **i** Sigulda TIC next to the Gutman's Cave

Turaidas iela 2a, Sigulda,  
ph. +371 61303030,  
www.tourism.sigulda.lv  
GPS 57.1762, 24.8468

### **i** Gauja National Park Information Centre "Līgatne Nature Trails"

Līgatnes dabas takas, Līgatnes pag.,  
Līgatnes nov.,  
ph. +371 64153313,  
www.daba.gov.lv  
GPS 57.2484, 25.0154

### **i** Līgatne TIC

Springu iela 2, Līgatne,  
ph. +371 64153169, 29189707,  
www.visitligatne.lv  
GPS 57.2335, 25.0396

### **i** Amata TIP

Āraiši, Drabešu pag., Amatas nov.,  
ph. +371 25669935; www.amata.lv  
GPS 57.2517, 25.2824

### **i** Pārgauja TIP

"Piķiera namiņš", Braslas iela 2,  
Straupe, Straupes pag.,  
ph. +371 26620422,  
www.pargaujassnovads.lv,  
GPS 57.3554, 24.9517

### **i** Cēsis TIC

Baznīcas laukums 1, Cēsis,  
ph. +371 28318318,  
www.visit.cesis.lv  
GPS 57.3127, 25.2717

### **i** Priekuļi TIP

Cēsu prospekts 5, Priekuļi,  
Priekuļu nov., ph. +371 29362837,  
visit.priekuli.lv  
GPS 57.311, 25.353

### **i** Valmiera TIC

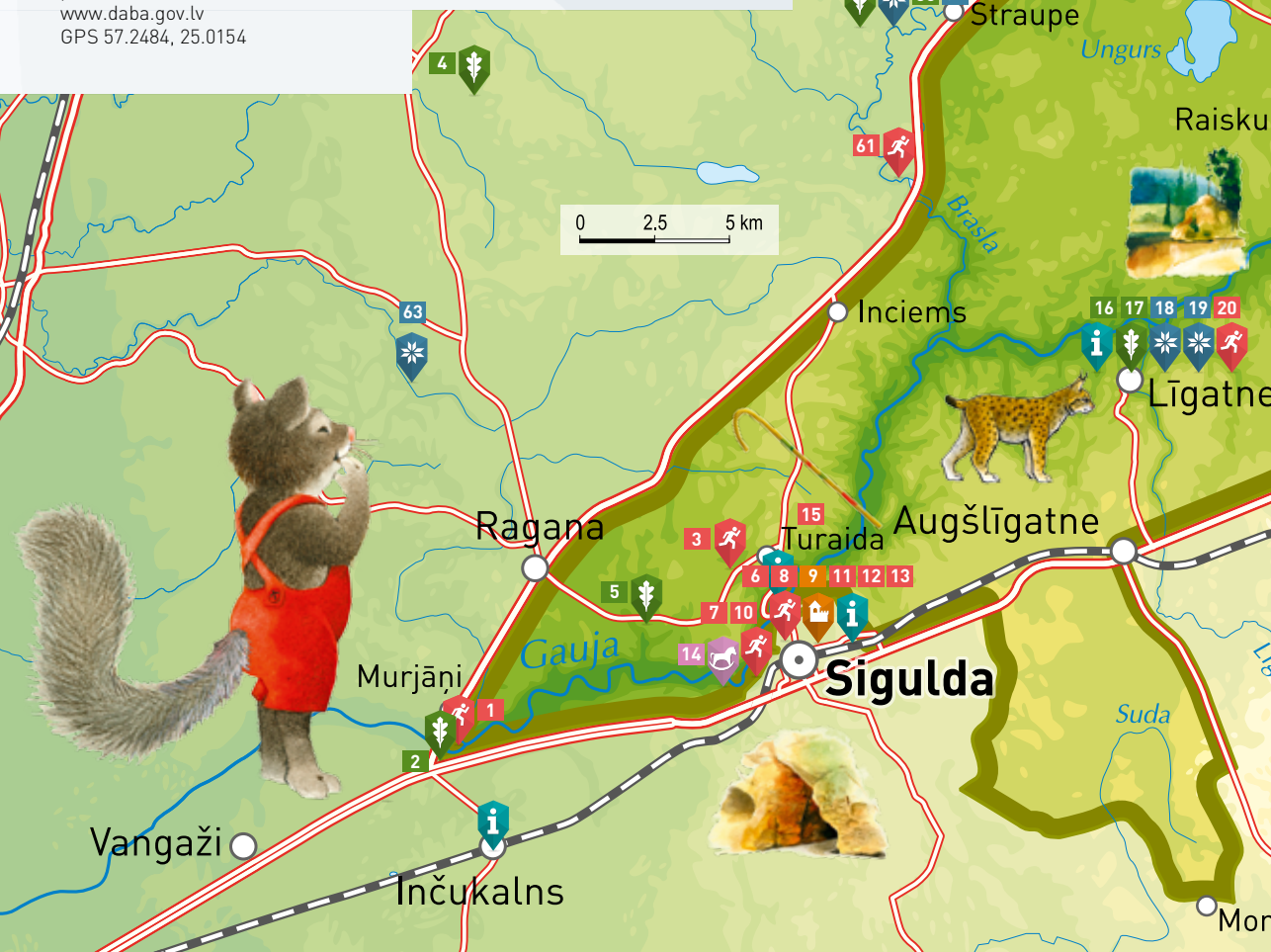
Rīgas iela 10, Valmiera,  
ph. +371 26332213,  
visit.valmiera.lv  
GPS 57.5385, 25.4210

### **i** Valmiermuiža TIP

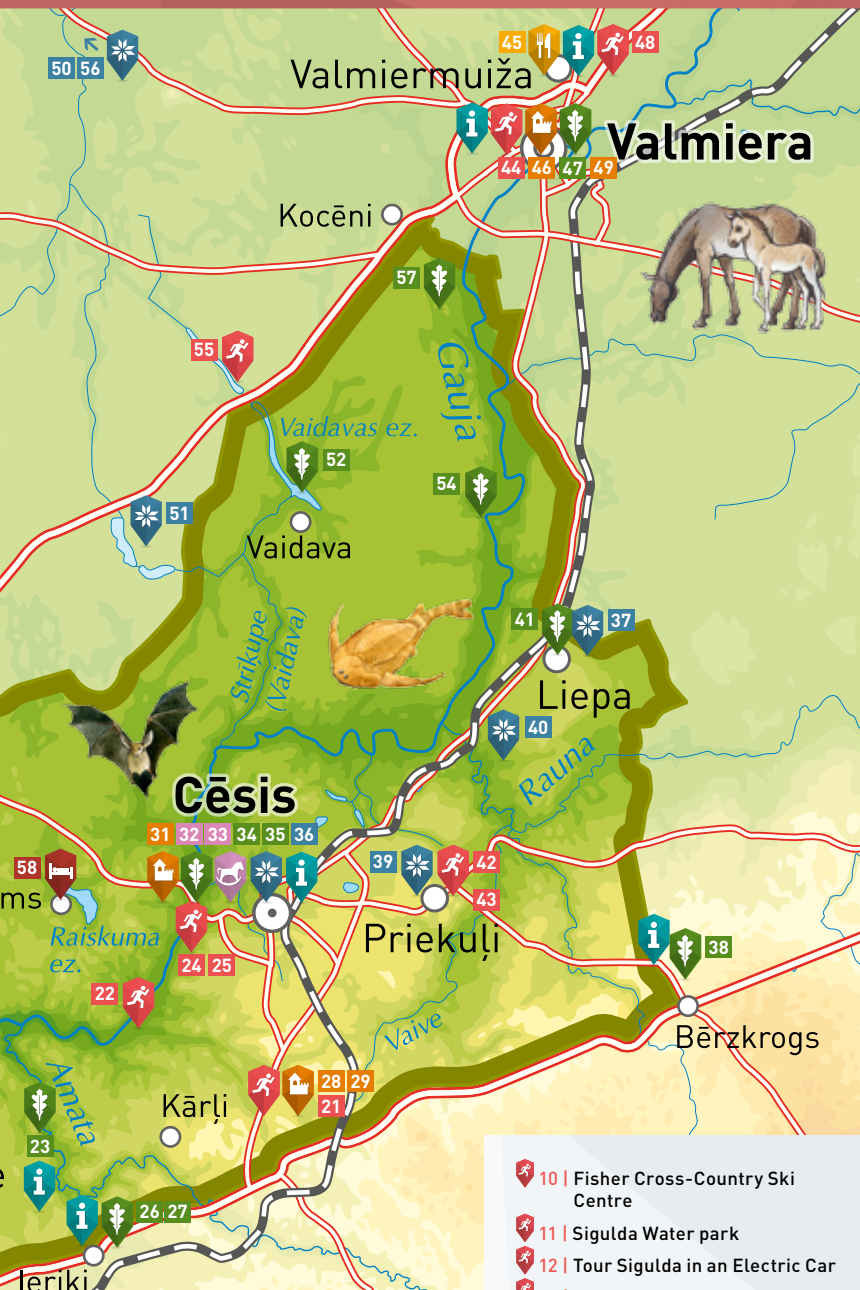
Dzirnavu iela 2, Valmiermuiža,  
Burtņieku nov., ph. +371 29135438,  
www.valmiermuiza.lv  
GPS 57.5558, 25.4314

### **i** "Zvārte Rock" information centre

Ph.+371 29252126, email:  
zvartesiezis@gmail.com,  
GPS 57.2459, 25.1447







- 1 | Leisure Park "Rāmkalni"
- 2 | Inčukalns Devil's Cave
- 3 | Golf club "Reinis"
- 4 | Lēdurga Dendrological Park
- 5 | Kubesele nature trail
- 6 | Krimulda Swimming pool
- 7 | Adventure Park "Mežakaķis"
- 8 | Adventure Park "Tarzāns"
- 9 | Sigulda Castle Quarter

- 10 | Fisher Cross-Country Ski Centre
- 11 | Sigulda Water park
- 12 | Tour Sigulda in an Electric Car
- 13 | Makars Tourism Agency
- 14 | Miniature Wonderland
- 15 | Sigulda Football golf park
- 16 | Caves and Trails of Līgatne
- 17 | Līgatne Nature Trails
- 18 | Līgatne House of Crafts
- 19 | Vienkoči Park
- 24 | Zeit Net park
- 21 | Dodkepu.lv husky dogs
- 22 | "Rakši" Resort
- 23 | Zvārte Rock

- 24 | Ski and Recreation Park "Ozolkalns"
- 25 | Active Leisure Centre "Žagarkalns"
- 26 | Ieriķi Mill Trails
- 27 | Cecīli Nature trail
- 28 | Āraiši Windmill
- 29 | Āraiši Archaeological Museum Park
- 30 | Farm "Lejas Suces"
- 31 | Cēsis Castle Complex
- 32 | "Maija" park children playground
- 33 | ZINOO
- 34 | Cīrulīši Nature Trails
- 35 | Spring Svētavots
- 36 | Laureta Candles
- 37 | E. Veidenbaums Home and Museum "Kalāči"
- 38 | Brīvnīeki Nature Trails
- 39 | Priekule Sun Garden
- 40 | Bread House of the Farm "Krūmiņi"
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- 43 | Ski and Biathlon Centre "Cēsis"
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- 45 | Valmiermuiža Brewery and Stables
- 46 | Valmiera St. Simon's Church and View Tower
- 47 | Gauja River Steep banks and Park of Senses
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- 54 | Sietņiezis Rock
- 55 | Wakeboarding Park "Rančo"
- 56 | Neikenkalns Sound Alleys
- 57 | Nature Education Centre "Vecupites"
- 58 | Camp "Apalkalns"
- 59 | Ungurmuiža Manor
- 60 | Vējiņi Underground Lakes
- 61 | Sport Hunting and Holiday Resort "Mārkulīči"
- 62 | Straupe Farmers Market
- 63 | Biriņi Castle



### Cēsis Castle Complex

Enjoy a candle-lit tour of the medieval castle and complete the challenges by Walter the baby bat. Learn the history of Latvia and climb the tower of the new castle for great sites.

**Pils laukums 9, Cēsis,**  
ph. +371 26576111, [www.cesupils.lv](http://www.cesupils.lv)  
GPS 57.3132, 25.2714



### Cīrulīši Nature Trails

Track the 2.5 km long landscaped nature trails and learn about the evolution of historic Gauja Valley from glacial period to modern days. Discover the wonders of nature: Mirror Rock, Clear Springs, Brides and Cīrulīši caves, bedrock and beaver houses. At the end of Mūrlejas street, Cēsis

**At the end of Mūrlejas street, Cēsis**

GPS 57.3072, 25.2212



### ZINOO

Become a real scientist. Explore various technologies and test the laws of nature. Learn mathematics while jumping; prove the law of gravity while swinging, discover the friction while driving a specially designed cart, see the sound, construct a pinion gear box, learn all about how slingshot works, build and operate robots, see the lightning and explore many other laws and wonders of nature.

**Jāņa Poruka iela 8, Cēsis,**  
ph. +371 25400228, [www.zinoo.lv](http://www.zinoo.lv)  
GPS 57.3150, 25.2884



Dormouse quickly climbs up the tree towards the tasty pupa it had spotted and is about to eat when someone flutters past Dormouse with his dinner clasped in claws and a sharp bzzzzzzz. A bat!

He quickly learns that the bat, named Walter, is heading for his winter lair in the cellar of the Cēsis Castle and can get





something else for Dormouse to eat if the two travel together. Walter brags about the origin of his name. He claims he was named after Walter von Plettenberg, the Master of the Livonian Order and Komtur of the Cēsis Castle, and a nice chap overall.

“Alright, let’s go together! Ah, this really looks like the old days! People walking around with candles”. However, Walter is pulling him towards the cellar. Dormouse can feel the hair stand up on its tail from a heavy stare laid upon it by a strange lady. “It is just a dummy”, Walter tries to calm him down. It is a mannequin of a brave lady who fought to

protect the Cēsis Castle  
from invaders in  
the 16<sup>th</sup> century.

It’s much nicer  
in the park.

There is music  
and some people  
singing beautiful songs.

“Art festival”, Walter whispers  
into the ear of the Dormouse.

### Spring Svētavots

Take a walk in the illustrious nature reserve, learn the mysterious legend of Svētavots and take part in ancient rituals to soak up the energy from the spring water. Some say the water will improve your eyesight and heal the body.

**Atpūtas iela 12, Cēsis,**  
**ph. +371 29460660,**  
**[www.svetavots.lv](http://www.svetavots.lv)**  
**GPS 57.3035, 25.2358**



### May park (Maija parks) with children playground

Jump on a trampoline, go down the slides, go on a swing and play in the playground. Get to know the ancient park and see the lit-up fountains. Feed the ducks and black swans with bread, and meet rabbits and poultry.

**Maija parks, Cēsis,**  
**GPS 57.314501, 25.273912**

### Laureta Candles

Learn and see how various rapeseed wax candles are made and make some of your own.

**Pļavas iela 7, Cēsis,**  
**ph. +371 29277504,**  
**[www.laurethacandles.com](http://www.laurethacandles.com),**  
**GPS 57.3120, 25.2781**





"It's time to wake up, sleepyhead", Dormouse is awoken by Walter's scratching.

"So what? It's not like your favourite thing is basking in the sun every day", Dormouse refutes.

"What about hazel nuts? The sun is about to go down and I wanted to show you a very nice hazel tree not far from Cēsis, in Priekuļi."

**HOW MANY  
CLOCK  
SECTIONS  
YOU CAN  
COUNT  
IN THE  
CLOCK-FACE?**

Dormouse busily rearranges his fur and both animals set off on their journey, one flies and the other one hops.

"Just don't overdo it and jump the whole way to the Veismaņi Manor or fall into the Raunis River, its valley is really deep", Walter warns.





### **E. Veidenbaums Home and Museum "Kalāči"**

Get to know the life and work of the poet, as well as traditional tools used by Vidzeme farmers in the 19th century. Enjoy tranquil moments by the campfire at the pond after a proper whipping in a real black sauna.

**"Kalāči", Liepas pag.**  
ph. +371 25601677  
GPS 57.3955, 25.4780

### **Brīvnieki Nature Trails**

Enjoy the tranquillity of nature, learn the bird species and find all 26 carved wood owls and 18 Latvian symbols. Feast your eyes on a beautiful landscape with 10 ponds and many hills, valleys, forests and meadows.

**Pie z/s "Brīvnieki", Veselavas pag.**  
GPS 57.2908, 25.4950

### **Priekuļi Sun Garden**

Read the big sundial to find out if you have enough time recuperate while trotting the health trail or watch the potatoes, peas and rapeseed grow.

**Cēsu prospekts 7, Priekuļi**  
GPS 57.3121, 25.3547

### **Bread House of the Farm "Krūmiņi"**

Make and knead your own pastry dough, bake and eat with your friends self-made pastry cakes, make a campfire and boil some tea, eat some delicious oven-baked rye bread with honey. Have adventure on a nature trail, watch the seasons change and celebrate holiday country style!

**"Krūmiņi" Liepas pag.**  
ph. +371 26887921  
GPS 57.3139, 25.3623

### **Lielā Ellīte Cave**

Find the little Devlin who sometimes stays in the big underworld cave. Explore the different shapes of the astonishing rock with its lobes, niches, cavities and take a look at the Latvia's unique rock passages.

**Rūpnīcas iela, Liepa**  
GPS 57.3839, 25.4273

### **Swimming Pool "Rifs"**

Learn to swim in the pool, enjoy water cascades and relaxing sauna after a long day of travel.

**Cēsu prospekts 46a, Priekuļi**  
ph. +371 29227544, [www.rifs.lv](http://www.rifs.lv)  
GPS 57.3139, 25.3623



Dormouse has stopped long hopping a while ago and is now fixed on his frightening long and thin shadow that matches one of the stones in a neatly arranged semicircle. "Oh, this must be the Priekuļi Sundial and I am the gnomon." Dormouse is amused as a little child and hops off to Health Trail where medicinal herbs exude their scent, which is especially strong just before the dawn!

### Valmiera Museum

Come to Knight School and find out how children lived back then and what it takes to become a knight! Make your own dolls, play games and shadow theatre, bring with you and paint a shirt or a shawl, learn to play an antique instrument and distinguish them by sound, stroll the Milk Way and try your hand at churning the butter, or stride the Bread Way to eat real Latvian rye bread at the end of it. To enjoy one of Museum's special programmes contact us in advance!

**Brūņinieku iela 3, Valmiera,**  
**ph. +371 64223620,**  
**[www.valmierasmuzejs.lv](http://www.valmierasmuzejs.lv)**  
**GPS 57.5393, 25.4288**

### Gauja Tram

Ride the Gauja River, be the captain of the ship and hear all the Munchausenesque stories and plausible or not so plausible legends of Valmiera. Go to Goat rapids and you will see brave rafters, enjoy whirlpool in the middle of the Gauja River and find out where the strongest echo is, maybe, it is under the Gauja Bridge. Do you know who Steely and Whale are?

**Boat dock, Pilskalna iela 2,**  
**Valmiera, ph. +371 27828221,**  
**[www.gaujastramvajis.lv](http://www.gaujastramvajis.lv)**  
**GPS 57.5381, 25.4284**

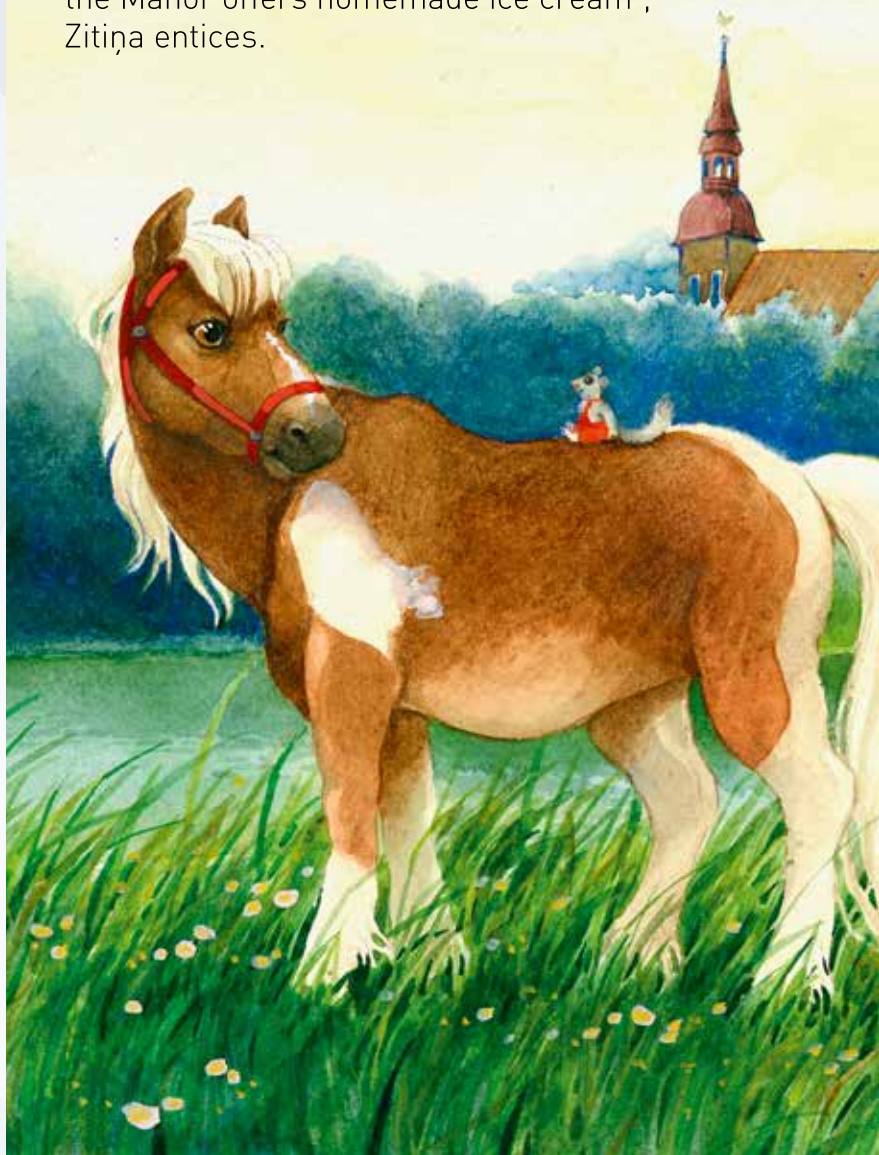
### Park of Senses by the Gauja River Steep Banks and Adventure Trail in Trees

Walk the 2.7 km long barefoot trail consisting of sections of fir cones, pebblestone, Valmiera fiberglass balls, bark mulch, scented cocoa and other natural materials. Try attraction elements, take a look at decorated trees. The most exciting entertainment of all is walking above ground on the adventure trail in trees and a 187 m long zip line across Gauja.

**Jāņa Daliņa iela 2, Valmiera,**  
**ph. +371 27879242,**  
**[www.sajutuparks.lv](http://www.sajutuparks.lv)**  
**GPS 57.5401, 25.4388**

"Where are you headed, Dormouse?" a soft voice enquires. A horse. An unusual one. Well, this is the first whole horse Dormouse has ever seen, not just a head or a tail. "Oh, it's a pony!" Zitiņa! Over for the weekend from new Valmiermuiža stables, built of chiselled granite blocks. Pony-lady neighs cheerily and shakes its mane.

"Would you like to see the Valmiermuiža Park? It has nice trees with hollows, and the Manor offers homemade ice cream", Zitiņa entices.





Dormouse mounts the horse transport, clinging tightly to her mane, and they both take off.

Gauja smells so familiar. What is that, anchored by the river coast? Gauja tram. Gauja must be blessed, with air and water tram. Gauja tram gives a ride of the river from the boat halt through the Goat rapids and under the bridge, where echoes of happy shouts can be heard, and returns back with a smooth curve. Sīmanis Church and its tower that offers a great view might be also observed from the river side.



### Active Leisure Park "Avoti" and BMX Museum & Hall of Fame

Unleash your sporty side, play minigolf, try human slingshot, test yourself on a climbing wall, go on a nature trail/ labyrinth Forest School and unlock six secrets. BMX Museum & Hall of Fame gives you a chance to take the bike of two-time Olympic champion Māris Štrombergs for a spin. It is the same bike he rode to gold medal victory in olympics in Beijing, China! "Avoti", Valmiermuiža, Valmieras pag., Burtnieku nov., ph. +371 29499342, [www.avoti.com](http://www.avoti.com) GPS 57.5551, 25.4424



### Valmiermuiža Brewery and Stables

Learn about the stables' ancient history and see the horse family with the joyful pony named Niko. Beer Kitchen offers special and delicious meals that will please the taste buds of young ones, as well. After the meal, kids can enjoy themselves on swings or play in the manor-style playground. Valmiermuiža Stables, Dzirnavu iela 15, Valmiermuiža, Valmieras pag., Burtnieku nov., ph. +371 26562703, [www.valmiermuiža.lv](http://www.valmiermuiža.lv) GPS 57.5592, 25.4251



### Valmiera St. Simon's Church and View Tower

Count the steps on the stairs to the church tower and listen to the song of the church rooster. Watch the shimmering of the Gauja waters, Valmiera Drama Theatre, lavishly decorated bridge and Mill Lake from above, and Zilaiskalns (Blue Mountain) softly sinking in blueish mist. Bruņinieku iela 2, Valmiera, ph. +371 64200333, [www.simanadraudze.lv](http://www.simanadraudze.lv) GPS 57.5384, 25.4261





Zitiņa from Valmiermuiža is very kind and lets Dormouse have his day sleep in her new stables. When the night comes, Dormouse grooms his fur, moustache and prepares to leave again. Dormouse remembers the stories of the Old Great Dormouse about a nice place in the vicinity of Valmiera, Rubene. There once lived a brave squirrel name Ansis whose forgotten stack of nuts saved a distressed family of humans one winter. People did not forget that and when they got enough of those 'golden nuts' they had built a tavern and named it Little Ansis.

After several days of relentless hopping Dormouse reaches a lake where balls roll into the water. Huge balls the size of a full moon in August. But the real surprise is still to come. His cousins, squirrels, are full of excitement, jumping around the branches. "Oh, what a joy! The posh cousin of Hinzenberg is here!





DOES EVERY  
SQUIRREL  
HAS ITS  
COUPLE?

FIND  
A SQUIRREL  
WITHOUT  
A COUPLE!



#### Viks Fairy Tale Park

Plunge yourself into the fairy tale world of writer Viks. Meet Chenguru, Ness and Nessie, Dlude Swarf and other popular characters

Dikļi, Dikļu pag.

ph. +371 26201765, 26649685

GPS 57.5971, 25.0991



#### Barrel Museum

Come, watch the process of barrel making and try your hand at operating ancient cooper's tools. Honey, sauerkraut – what else can be stored in barrel?

"Madaras", Vaidavas pag.,

ph. +371 29268692, [www.muca.lv](http://www.muca.lv)

GPS 57.4309, 25.2020



#### Vaidava Lake

Have some tasty ice cream and enjoy a boat ride on the Vaidava Lake, build sand castles and swim in the lake. Cafeteria "Valmiermuižas vasarnīca" is open during summer time.

Vaidava, Vaidavas pag.,

GPS 57.4462, 25.2707



#### Pure Breed Rabbit Farm "Mežiņi"

Pet the friendly, fluffy rabbits.

"Mežiņi", Dikļu pag.,

ph. +371 29198221,

<https://trusitsmans.wordpress.com>

GPS 57.5475, 25.1173



#### Sietīņiezis Rock

Walk, climb the stairs, eat bilberries, explore the white sandstone cliffs, find caves and soak in the beautiful view of the Gauja River.

Vaidavas pag.

GPS 57.4285, 25.3866



#### Wakeboarding Park "Rančo"

Enjoy the exciting water sports and in an epic and splashing manner.

Rubene, Kocēnu pag.

ph. +371 26666046,

[www.ranchoparks.lv](http://www.ranchoparks.lv)

GPS 57.4650, 25.25363



#### Neikenkalns Sound Alleys

Make the Neikenkalns Sound Alleys sing, come to Nature Concert Hall and find out why Dikļi became the place where the mighty tradition of Song Festival was born.

Dikļi, Dikļu pag.

GPS 57.5986, 25.0907



#### Nature Education Centre "Vecupītes"

Visit the exhibition, explore biodiversity, take nature exploration classes, play environmental games, trot the trails to raise your knowledge.

"Vecupītes", Kocēnu pag.

ph. +371 29433353, [www.daba.gov.lv](http://www.daba.gov.lv)

GPS 57.4859, 25.3639



Dormouse's nose blushes. Those squirrel girls are real chatter boxes! They would listen to his stories for a while and then start telling about Vējiņi Castle mound by the river Brasla. There used to be field next to it. A man with plough and horse once disappeared there, and a tractor, too! "No, no, it is all true, no rubbish", Mole joins the late conversation. "Go see for yourself! You go down along the road, descend from the 87 m high Baukalns, near Plācis, and when you see the breath-taking Lielstraupe Castle and its coloured windows, cross the road and follow the direction signs. Near the Vējiņi Castle mound, on the shores of Brasla. The smell will guide you."

A couple of nights later Dormouse is standing at the entrance of the Vējiņi Cave. The smell of water is strong in the dark air. "Let's keep those paws out of the water." There is a pine bark boat at the end of the stairs, left by some friend of all tiny animals. Dormouse pushes the boat into the shallow water and heads out towards the glinting water of an underground lake hidden in the depths of the cave.





COLOUR  
THE PICTURE



### Camp "Apalkalns"

Settle into one of the bungalows, jump on a cascade of trampolines and enjoy a catamaran ride in Raiskums Lake.

"Apalkalns", Raiskuma pag.,  
ph. +371 29448188,  
[www.apalkalns.lv](http://www.apalkalns.lv)  
GPS 57.3174, 25.1479



### Ungurmuiža Manor

Find out that the manor is 20 times older than its young visitors. Enjoy the playground in the Manor Park and playhouse. Explore the surroundings through a tour and challenges. Skate the manor pond in winter.

Ungurmuiža, Raiskuma pag.,  
ph. +371 22007332,  
[www.ungurmuiža.lv](http://www.ungurmuiža.lv)  
GPS 57.3627, 25.0784



### Vējiņi underground lakes

Marvel at the ice-free underground lakes. Make pancakes on campfire in winter and meet the Santa on his horse-drawn sled, enjoy making your own gifts. Please call in advance!

"Vējiņi", Straupes pag.,  
ph. +371 29354189,  
[www.pazemesezeri.lv](http://www.pazemesezeri.lv)  
GPS 57.3398, 24.9071



### Sport Hunting and Holiday Resort "Mārkulīči"

Shoot different guns on our shooting range. Everything from bow to rifle. Experienced instructors will provide you with all the necessary guidance. Guns and targets for different age groups, starting from 5 year age. Please apply in advance!

"Mārkulīči", Straupes pag.,  
ph. +371 29464946,  
[www.markulici.lv](http://www.markulici.lv)  
GPS 57.3005, 24.9087



### Straupe Farmer's Market

Here you can purchase healthy and delicious foods for your family, enjoy lunch, eat delicious gingerbread cookies and swing on a swing. 1st and 3rd Sunday in each month from 11:00 until 15:00

"Vecpasts", Straupes pagasts  
Phone: +371 29464946  
E-mail: [www.strauestirdzins.lv](mailto:www.strauestirdzins.lv)  
GPS 57.3251, 24.9164



“What do you think?!”, Otter interrupts the Dormouse’s story for what must be a hundredth time. He gives his relative another pat on the now dried fur that was soaking wet from the wild ride. After taking his boat through the narrow opening of the cave to another underground lake, Dormouse had noticed a barely visible stream flowing in the opposite direction and pointing to a lake estuary. “There must be a crack somewhere”, Dormouse decides. He takes a deep breath and dives. Almost 2 metres down at the bottom of the lake, thanks to night vision, he notices a faint glimpse of light. The brave traveller decides to take the leap and try to reach the Brasla River. It is important not to lose the boat, so he ties it to his paw. “A smart thing to do”, Otter remarks as he reaches for those tasty willow sticks. Down the Brasla River over to Gauja and the hungry, tired Dormouse is safe back home.

“Now I’ve got to stack up for the winter and get some sleep”, Otter says candidly. But Dormouse hears nothing; his eyes are fixed on the shimmering waters of Gauja flowing towards the sea.



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Ieva Rupenheite

**Illustrations:**  
Agija Staka-Jansone

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The material was created within the Cluster Program project 3.2.1.1/16/A/009 “Stage 2 of Gauja National Park Tourism Cluster Development”